

Kristin K. White
Registered Mental Health Registered Intern License #15231

EDUCATION

- Master of Science in Mental Health Counseling Nova Southeastern University, Tampa, FL, August 2016
- Bachelor of Arts in Psychology State University of New York at New Paltz, New Paltz, NY, May 2003

PROFESSIONAL EXPERIENCE

Empath Health – EPIC at Francis House HIV clinic, Tampa, FL
Supportive Services Specialist

March 2018- Present

- Intakes and MSE
- Individual, group therapy, and mediation
- Crisis intervention and suicide assessment
- Referral to appropriate programs for continuity of care
- Auditing charts

Maternity Leave

August 2017- March 2018

Correct Care Solutions at Pasco Detention Center, Land O'Lakes, FL
Mental Health Professional

November 2016- August 2017

- Assess inmates referred from booking based on the inmate's mental health and substance abuse history
- Assess inmates at admission to jail by conducting biopsychosocial and MSE
- Assesses for a broad range of behavioral issues that include: Depression, Substance Abuse, Anxiety Disorders, Bipolar Disorder, Post-Traumatic Stress Disorder, Psychosis, Dual Diagnosis, Autism Spectrum
- Crisis intervention and suicide assessments
- Provides supportive counseling, active listening, and coping skills to inmates
- Assess inmates weekly who are on 23 hr lock down/ segregation due to increase in suicidality
- Refer and work with jail diversion programs in Pasco County such as housing options for homeless inmates
- Referral to psychiatric provider for medication management
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North Tampa Behavioral Health, Wesley Chapel, FL

Case Manager Intern and Case Manager

August 2015-August 2016 and August 2016 – November 2016

- Private hospital that offers inpatient hospitalization and outpatient services
- Worked with patient's presenting with diagnoses such as depression, substance abuse, anxiety disorders, bipolar disorder, post-traumatic stress disorder, psychosis, dual diagnosis ages 18 and older.
- Provide therapy services including psychoeducational, psychotherapy, process group, family therapy, and individual therapy based on the client's needs using evidenced based practices
- Conduct psychosocial assessment with the client and/or family or legal guardian if appropriate
- Provide appropriate intervention based on the client's reason for admission to inpatient or outpatient
- Assists clients with all social services needs such as referrals, follow-up and community resources
- Assist client in treatment planning and goal setting while in acute setting or outpatient services
- Active participant in treatment team meetings
- Document services rendered including group note and progress note documentation
- Demonstrated ability to work well in fast pace setting and with wide range of acuity

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- Assist with all aspects of patient case management
- Auditing charts

North Tampa Behavioral Health, Wesley Chapel, FL

Intake Coordinator, PRN

October 2015 – November 2016

- Assess voluntary and involuntary clients to determine if they meet medical necessity for inpatient or outpatient services
- Insurance verification to see if services desired would be covered – private and Medicare/Medicaid coverage
- Assess for a broad range of behavioral issues and/or mental health diagnoses such as Depression, Substance Abuse, Anxiety Disorders, Bipolar Disorder, Post-Traumatic Stress Disorder, Psychosis, Dual Diagnosis
- Coordinate incoming patient admissions into the facility
- Provide rapid response to patient referrals from all referral resources.
- Complete mobile assessment of potential patients for admission
- Provide initial conduct in overflow conditions for intake calls, responding to caller's questions and condition in an appropriate fashion.
- Educate client on patient's rights and responsibilities, including financial, addresses patient and family concerns in a supportive and informed manner.
- Communicate to staff effectively all patient information related to a potential admission

Northside Behavioral Health Center – Access House- Outpatient Adult Facility, Tampa, FL

Physician Services Specialist

September 2012- October 2015

- Provided medication monitoring to clients receiving physician's services.
- Ensured client meets eligibility criteria for physician services and case management services.
- Managed and monitors clients assigned to physician services.
- Facilitated medication group/ clinic with staff psychiatrists.
- Completed documentation within appropriate time frame and in accordance with agency policy.
- Treatment plan development and reviews
- Scheduled intakes and handled screening of new clients
- Completed all intake paperwork including thorough biopsychosocial with the client
- Provided crisis intervention as appropriate
- Facilitated psychosocial classes such as community resources groups, budgeting, and self-esteem.
- Completed FARS/MHO's
- Peer review auditing every 6 months
- Insurance verification to see if services desired would be covered – private and Medicare/Medicaid insurance
- Behavioral court liaison

Permanent Substitute Teacher- Co-teacher English/Biology/ESE

George Steinbrenner High School

February 2012- September 2012

- Followed all policies, rules, and procedures as mandated by the school
- Remained in assigned classroom until all students have been dismissed for the day
- Assumed responsibility for overseeing pupil behavior in class and surrounding areas.
- Reviewed all plans, duties, and schedules to be followed during the teaching day
- Taught the outlined lesson while creating an engaging learning environment
- Maintained established routines and procedures of the school and classroom
- Completed evaluation at the end of the day
- Effectively communicated with authorized personnel daily

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Hillsborough County Public Schools / Tampa, FL
Substitute Teacher

September 2011-September 2012

- Served as substitute teacher as needed
- Carried out teacher's assignments and instructions
- Kept students engaged throughout class

Self – Employed, Tampa, FL
Massage Therapist

July 2010-August 2011

Carrollwood Massage Therapy, Tampa FL
Massage Therapist

September 2006-April 2010

Massage School
Suncoast School of Massage Therapy

September 2005-September 2006

Northside Mental Health Center, Tampa, FL
Adult Case Manager

April 2004 - September 2005

- Provided case management to clients which incorporated assessing, linking, monitoring, and advocating all in accordance with Continuity of Care Case Management 65E-15.
- Maintained relationships between referrals in community and clients to advocate and further assess if the client's needs are being met.
- Assists clients with social services needs such as community resources, referrals and follow up
- Developed and maintained psychosocial assessments and treatment plans
- Extensive progress note documentation
- Assisted doctors, program supervisors, and all pertinent members of the team with client's progress.
- Prevented psychiatric hospitalizations by monitoring client's behavior and providing crisis intervention as needed
- Auditing charts
- Maintained HIPPA law compliance and upheld all confidentiality practices maintained within the company.

Addiction Recovery Care of Tampa, Tampa, FL
Assistant and Class Instructor

December 2003 -April 2004

- Assisted Psychologist in DUI/ therapy instruction for clientele
- Performed administrative duties including answering phones, filing, and insurance billing
- Completed note taking to assess progress of the clients.