

Julie L. Williams (Sarnowski), MEd, LMHC

Tampa, FL

EDUCATION

Psy.D.	Clinical Psychology Florida School for Professional Psychology at Argosy University (Tampa, FL)	Expected June, 2022
MS.Ed.	Counseling Youngstown State University (Youngstown, OH)	May, 2012
M.A.	Theological Studies Assemblies of God Theological Seminary (Springfield, MO)	June, 2006
B.A.	Youth Ministry Central Bible College (Springfield, MO)	May, 2004

LICENSES AND CERTIFICATIONS

Licensed Mental Health Counselor (MH 14904) Florida Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling	Expires 03/31/2019
Provisional Mental Health Counselor (PMH 1428) Florida Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling	03/29/2018 – 03/29/2019
Licensed Professional Counselor (#6049-125) Wisconsin Marriage and Family Therapy, Professional Counseling, and Social Work Examining Board	02/28/2015 – 02/28/2017
Licensed Professional Counselor (C 1100270) Ohio Counselor, Social Worker, Marriage & Family Therapist Board	07/20/2012 – 07/20/2014
Chemical Dependency Counselor Assistant (#110676) Ohio Chemical Dependency Professionals Board	06/09/2011 – 06/09/2013

PROFESSIONAL EXPERIENCE

Forensic Psychotherapist and Supervisor	Psychological Management Group (Tampa, FL) Dr. Robert Wright (Owner and Director) Setting: Outpatient, Private Practice Population: Male, Female, and Transgender; Ages 17-85 Duties: Assess and diagnose mental, emotional, and behavioral disorders for mandated clients involved with the criminal justice system and/or the Department of Children and Families. Facilitate treatment groups for Sexual Misconduct, Batterers Intervention Programs (male and female separate groups), Trauma, Anger Management, Affected Families, Parenting, and Substance Abuse. Provide individual and couples counseling as needed. Supervise interns and assist with development and implementation of policies and procedures. Oversee continuing education and training for new and current staff. Provide expert court testimony as needed. Case management coordination with clients' probation officer, caseworker, attorney, and/or guardian ad litem. 08/2016 – Present
Psychotherapist	Applied Therapies and Wellness Center (Wauwatosa, WI) Lisa Hill, Jill Greinke, Trisha Wollin (Owners and Directors) Setting: Outpatient, Private Practice Population: Male and Female; Ages 4+ Duties: Assessed, diagnosed, and treated mental, emotional, and behavioral disorders for individuals, couples, families, and groups. Developed and facilitated Social Skills group for children ages 8-10. Conducted therapeutic supervised visits for individuals required by the WI Department of Children and Families. Coordinated with community resources (e.g., schools, hospitals, clinics). 09/2015 – 06/2016

Psychotherapist **PsyCare, Inc. (Liberty and Austintown, OH)** **07/2014 – 07/2015**
Lorraine Kelly, LPCC-S (Clinic Director, Liberty)
Melanie Genova, LISW (Clinic Director, Austintown)

Setting: Outpatient, Private Practice

Population: Male, Female, and Transgender; Ages 4+

Duties: Assessed, diagnosed, and treated mental, emotional, and behavioral disorders for individuals, couples, and families. Provided school-based counseling for grades K-12 at Brookfield and Girard Local Schools.

Performance Coach **Summit Academy School for Alternative Learners Middle and Secondary School (Warren, OH)** **08/2012 – 02/2014**
Erica Richley, LPCC-S (Special Education Coordinator)

Setting: School (grades 7-12)

Population: Male and Female; Ages 11-20

Duties: Completed portions of the Individualized Education Plan (IEP) and Evaluation Team Report (ETR) for every student. Provided individual and group behavioral and mental health counseling. Developed and led monthly character assemblies and an annual career fair. Collaborated with teachers, parents, guardians, caseworkers, and community support personnel.

OTHER SUPERVISED TRAINING EXPERIENCES

Counselor Intern **University of Mount Union (Alliance, OH)** **08/11 to 05/12**
Alcohol, Drug, and Wellness Education
Kelleen Weber, MAEd, LPCC-S, LCDC-III (Supervisor)

Setting: College outpatient clinic

Population: Male, Female, and Transgender; Ages 17-30

Duties: Assessed, diagnosed, and treated mental, emotional, and behavioral disorders for referred and self-referred clients. Facilitated alcohol abuse treatment group for mandated clients. Conducted campus-wide preventative and awareness programs (e.g., Great American Smoke Out, Safe Spring Break). Coordinated with student organizations (e.g., Greeks Advocating Mature Management of Alcohol, G.A.M.M.A.; Choosing Healthy Options in Celebration of Educational Success, C.H.O.I.C.E.S.). Co-advised student-led committees (e.g., YOUNg People Matter, BUZZKILL, Keep Off the Grass).

SELECTED VOLUNTEER SERVICE

Adult Staff **Prevent and Neutralize Drug and Alcohol Abuse (P.A.N.D.A.; NE Ohio)** **10/2010**
Beth Bonnish (Coordinator) **11/2011**
 03/2012

Setting: Outpatient community group

Population: Male, Female, and Transgender; Ages 10-20

Duties: Provided group counseling and psychoeducation for adolescents about positive decision-making regarding involvement with alcohol and other drugs. Mentored adolescents during weekend retreats and supervised activities.

Student Volunteer	American Counseling Association National Conference (New Orleans, LA) American Counseling Association	03/2011
	<u>Setting:</u> National professional conference	
	<u>Population:</u> Male, Female, and Transgender; Ages 18+	
	<u>Duties:</u> Proctored educational sessions and staffed career center.	
College Counseling Center Volunteer	Thiel College (Greenville, PA) Suzanne Semivan, M.S.Ed., LPCC-S	11/2010
	<u>Setting:</u> College outpatient clinic	
	<u>Population:</u> Male, Female, and Transgender; Ages 17-25	
	<u>Duties:</u> Developed and implemented Alcohol Abuse Awareness Outreach Program. Supervised student staff.	

RESEARCH EXPERIENCE

Research Assistant	Youngstown State University (Youngstown, OH) Dr. Kenneth Miller (Supervisor)	08/2010 – 05/2012
	<u>Duties:</u> Performed literature reviews on topics of clinical supervision methods, assessment of student impairment, and best practices to evaluate emotional competence of students. Assisted with the development and dissemination of the Professional Dispositions Scale (PDS), student and faculty versions.	

PUBLICATIONS

Miler, S. M., Larwin, K., Kautzman-East, M., **Williams, J. L.**, Evans, W., Williams, D. D., Stanelly, A., Miller, K. L. "A proposed definition and structure of counselor dispositions." *Measurement and evaluation in counseling and development*. (Forthcoming).

PRESENTATIONS

INTERNATIONAL (in order presented)

Miller, K. L., Miller, S. M., Larwin, K. H., Kautzman-East, M., Abramski, A., **Williams, J. L.**, and Williams, D. D. (2017). *The role of dispositions in clinical training, practice, and competence*. Paper presented at the Nineteenth Annual American Board of Disability Analysts/American Board of Medical Psychotherapists and Psychodiagnosticians International Conference, Naples, FL.

NATIONAL (in order presented)

Miller, K. L., **Sarnowski, J. L.**, Bako, K., Miller, S., & Evans, W. J. (2011). *Insuring Personal and Professional Competence in Psychotherapy Training Programs*. Presented at the annual meeting of the American Psychological Association, Branson, MO.

Adamson, N., Herman, E., **Sarnowski, J. L.**, Protivnak, J. J., & Paylo, M. (2011). *An experiential learning project: School counselor advocacy at the individual, administrative, & policy level*. Presented at the annual meeting of the American Counseling Association, New Orleans, LA.

STATE (in order presented)

Williams, J. L. (2016). *ADHD 24/7*. Workshop and live webinar presented for the Coalition for Children, Youth, and Families, Milwaukee, WI.

Williams, J. L., Williams, D. D., Bako, K. N., Kautzman-East, M., Miller, K. L., & Evans, W. J. (2012). *Tattoos & Toe Rings & Tank Tops (Oh My!): Navigating supervisory responsibilities of professional counselor attire*. Workshop presented at the annual All Ohio Counselors Conference, Easton, OH.

Williams, D. D. & **Sarnowski, J. L.** (2012). *College student anxiety: Triggers and treatments*. Poster presented at the annual Educational Research Exchange Conference, Kent, OH.

Miller, K. L., **Sarnowski, J. L.**, Williams, D. D., Bako, K., & Evans, W. J. (2012). *Tattoos & toe rings & tank tops (oh my!): Navigating ethical, legal, and supervisory responsibilities in the ill-defined landscape of professional counselor attire*. Workshop presented at Youngstown State University, Youngstown, OH. Ohio CSWMFT Board approved 3 supervision or ethics CEU's (#RCX049111).

Williams, D. D. & **Sarnowski, J. L.** (2012). *College student anxiety: Triggers and treatments*. Poster presented at the annual Quest Conference, Youngstown, OH.

Sarnowski, J. L., Burton, S., & Sturm, K. (2011). *Dating violence in adolescence and emerging adulthood: Prevention and intervention strategies in high school and college counseling*. Presented at the annual All Ohio Counselors Conference, Columbus, OH.

Protivnak, J., Paylo, M., Herman, E., & **Sarnowski, J. L.** (2011). *Voices from students: Creating and distributing a school counselor advocacy video*. Presented at the annual All Ohio Counselors Conference, Columbus, OH.

Sarnowski, J. L. (2011). *Factors influencing college-to-career transition for emerging adults*. Paper presented at the annual Educational Research Exchange Conference, Youngstown, OH.

Sarnowski, J. L. & Williams, D. D. (2011). *Professional college counselors: An emerging profession*. Poster presented at the annual Educational Research Exchange Conference, Youngstown, OH.

LOCAL (in order presented)

Williams, J. L. & Rosen, E. (2018). *Familial Human Trafficking: What Mental Health Providers Need to Know*. Presented at the seventh annual Children, Couples, and Families Conference at the Florida School of Professional Psychology at Argosy University, Tampa, FL.

Williams, J. L. (2016). *Social media and You*. Presented at Kradwell School, Waukesha, WI.

Kusnir, J. & **Sarnowski, J. L.** (2012). *College knowledge*. Presented at Lordstown High School, Lordstown, OH.

Sarnowski, J. L. & Zimmerman, T. (2012). *Creating a research poster*. Presented at Youngstown State University, Youngstown, OH.

Sarnowski, J. L. (2012). *Memory techniques*. Presented at Youngstown State University, Youngstown, OH.

Sarnowski, J. L. (2011). *Memory techniques*. Presented at Youngstown State University, Youngstown, OH.

East, M. & **Sarnowski, J. L.** (2011). *Future implications for outreach alcohol education programming on a college campus*. Poster presented at the annual Quest Conference at Youngstown State University, Youngstown, OH.

Sarnowski, J. L. (2010, 2011). *How to study text*. Presented at Youngstown State University, Youngstown, OH.

OTHER RELATED EXPERIENCE

Membership Chair	Ohio Counseling Association Meghan Fortner (President, 2013-2014)	08/2013 – 07/2014
	<u>Duties:</u> Developed OCA membership benefits, recruitment, retention, and networking opportunities. Collaborated with OCA Executive Board on current business. Coordinated booth volunteers at the annual All Ohio Counselor's Conference.	
Secretary	Eastern Ohio Counseling Association Kimberly Beck (President, 2012-2013)	08/2012 – 07/2013
	<u>Duties:</u> Developed networking and continuing education opportunities for EOCA members. Advocated for mental health and social justice on local and state levels. Documented meeting minutes and communicated regularly with EOCA members.	
Committee Member	American College Counseling Association Professional Advocacy & Public Awareness (PAPA) Kathleen Doucat (Committee Chair, 2011-2012)	08/2011 – 07/2012
	<u>Duties:</u> Developed PAPA Papers to post online regarding advocacy and public awareness issues from a college counseling perspective. Advocated for college counseling awareness and funding on local, state, and national levels. Collaborated with committee members to provide ACCA members with advocacy opportunities.	

President

Chi Sigma Iota, Eta Chapter
Youngstown State University (Youngstown, OH)
Dr. Jake Protivnak (Chapter Advisor)

04/2011 – 04/2012

Duties: Coordinated continuing education and advocacy opportunities for students and community professionals. Organized philanthropic projects.

ADDITIONAL TRAINING

Human Traffickers Convicted as Sex Offenders (1.5 CE Hours) 04/01/2017
Florida Association for the Treatment of Sexual Abusers (FATSA; Orland, FL; #20-598596)

Maxims for the Court: The Art & Science of Effective Expert Testimony at Sentencing (1.5 CE Hours) 04/01/2017
Florida Association for the Treatment of Sexual Abusers (FATSA; Orland, FL; #20-598596)

Treatment Planning and Outcomes: Innovations for a New Generation of Sexual Offending Treatment Programs (1.5 CE Hours) 04/01/2017
Florida Association for the Treatment of Sexual Abusers (FATSA; Orland, FL; #20-598596)

Working with Non-Offending Minor-Attracted Persons (1.5 CE Hours) 04/01/2017
Florida Association for the Treatment of Sexual Abusers (FATSA; Orland, FL; #20-598596)

Domestic Violence (2 CE Hours) 06/29/2016
Kathleen McCarthy, ESQ., NCC, JD, MS
Aces-Classes.com, Inc. (Online; CE Provider #50-8004)

HIV/AIDS (3 CE Hours) 06/29/2016
Kathleen McCarthy, ESQ., NCC, JD, MS
Aces-Classes.com, Inc. (Online; CE Provider #50-8004)

Florida Laws and Rules (8 CE Hours) 06/29/2016
Kathleen McCarthy, ESQ., NCC, JD, MS
Aces-Classes.com, Inc. (Online; CE Provider #50-8004)

Medical Errors (2 CE Hours) 06/29/2016
Kathleen McCarthy, ESQ., NCC, JD, MS
Aces-Classes.com, Inc. (Online; CE Provider #50-8004)

Motivational Interviewing 101 (2 CE Hours) 12/16/2014
EBased Academy (Online; CE Provider #RCX01401)

Trauma Treatment: Fostering Healing, Resiliency, and Hope (5.5 CE Hours) 10/22/2014
Mary U. Vicario, LPCC-S (Youngstown, OH; CE Provider #RCS091404)

Trumbull County's Response to Domestic Violence: Through Intervention by Answering the Question "Why Does She Stay?" (6 CE Hours) 10/17/2014
Valley Counseling Services (Warren, OH; CE Provider #RCS050602)

Building a Conflict Resolution Group (1 CE Hour) Anne Lally, MEd, LSW, LPCC-S (Youngstown, OH; CE Provider #RCS019401)	10/1/2014
DSM-5: Understanding Mental Disorders (3 CE hours) Douglas Darnall, PhD and Michael Heilman, PhD (Warren, OH; CE Provider #RCS070522)	09/26/2014
Supporting Veterans and Their Families: Suicide Risk, Prevention, and PTSD (3.5 CE Hours) Help Hotline Crisis Center, Inc. (Youngstown, OH; CE Provider #RCS019401)	5/13/2014
Juvenile Sex Offender Training (1.5 CE Hours) Milan Belohlavek, MEd, LSW (Youngstown, OH; CE Provider #RCS070702)	4/24/2014
Ohio Association of Counselor Education and Supervision Winter Meeting (Toledo, OH) (Provider ID#RCX050601)	01/31/2014
<ul style="list-style-type: none"> • Supervision of “Super” Counselors: How to Tell the Sizzle from the Steak (1 CE Hour) Rusell & Piazza • Technology and Supervision: Implementing an Online 360 Evaluation (1 CE Hour) McKnight & Pollock • Inclusion of Technology in Supervision: Ethical Pitfalls and Best Practices (1 CE Hour) Arnekrans, DuFresne, Neyland, & Rose 	
Suicide Risk and Prevention: At Risk Youth and Young Adults in Transition (3 CE Hours) Help Hotline Crisis Center, Inc. (Youngstown, OH; CE Provider #RCS019401)	05/20/2013
Diagnosis of Autism-Spectrum Disorder: From Early Diagnosis to Co-Morbidities in the Teen Years (1.5 CE Hours) Belmont Pines Hospital (Youngstown, OH; CE Provider #RCS070702)	05/16/2013
Treatment for Reducing Anxiety in Children with Autism and Other Developmental Disorders (1.5 CE Hours) Belmont Pines Hospital (Youngstown, OH; CE Provider #RCS070702)	03/14/2013
Shake-Up: Enhancing the Therapist’s Role Flexibility, Maneuverability, and Effectiveness in the Therapeutic Session (6 CE Hours) Audrey Ellenwood, PhD (Youngstown, OH; CE Provider #RCX04911)	11/30/2012
Legal and Ethical Issues in Counseling, Social Work, and Marriage & Family Therapy (3 CE Hours) Tammy Tingle (Youngstown, OH; CE Provider #MCST111209)	11/9/2012
Creative Trauma Treatment Modalities (6 CE Hours) Jamie Marich, PhD, LPCC-S, LICDC (Youngstown, OH)	09/20/2012
Safe Zone II Training Youngstown State University (Youngstown, OH)	04/04/2012
Safe Zone I Training Youngstown State University (Youngstown, OH)	02/29/2012
Trauma-Focused CBT (10 CE Hours) Medical University of South Carolina (Online; CE Provider #8864534333-6715)	01/13/2012

- Addiction Studies Institute (Columbus, OH)** **08/18-19/2011**
- **Operation: Street Smart (2 CE Hours)**
Franklin County Sheriff's Office (Program ID#A4)
 - **Clinical Issues in Counseling Substance Abusing GLBTQ Persons (2 CE Hours)**
Ray Irion, MEd, LPCC-S, LICDC, LSW (Program ID#B10)
 - **Motivational Interviewing in Addictions (2 CE Hours)**
Deborah Myers, MEd, LPCC-S (Program ID#C7)
 - **Assessing and Treating the Problem Gambler (2 CE Hours)**
Lynn Burkey, LICDC, LPC, NCGCI, MEd (Program ID#D5)
 - **Matching Interventions to the Process of Change (2 CE Hours)**
Carlo DiClimente, PhD, ABPP (Program ID#E1)

Suicide Assessment, Prevention, and Intervention: Practical Information for the Helping Professional (6 CE Hours) **05/06/2011**
Dr. Paul Granello and Dr. Darcy Haag Granello (Youngstown, OH; CE Provider #RCS070702)

OCA Legislative Advocacy Day (2.25 CE Hours) **04/12/2011**
Kelly Schubert & Gregg Pollack (Columbus, OH; CE Provider #RCX038700)

- American Counseling Association Conference (New Orleans, LA)** **03/25-26/2011**
- **Clinical Foundations in College Counseling (1 CE Hour)**
Brian J. Van Brunt & Perry C. Francis (Program ID#148)
 - **Ten Ideas of Awesomeness (1.5 CE Hours)**
Greta Davis & Brian J. Van Brunt (Program ID#210)
 - **Student Development Theory and College Counseling (1 CE Hour)**
Carolyn Kern & Derrick Paladino (Program ID#273)
 - **Outreach Programming in College Counseling (1 CE Hour)**
Brian J. Van Brunt & Angela Shores (Program ID#315)
 - **Creating Your Personal Path: Lessons From My Journey (1.5 CE Hours)**
Gerald Corey (Program ID#381)
 - **First-Generation College Students: A Group Therapy Approach to Success (1 CE Hour)**
Angela L. Zapata & Kelsey M. Latimer (Program ID#528)

Understanding and Supporting the Gender Variant Client (3 CE Hours) **4/24/2010**
Debra A. London, M.Ed., LPC (Kent, OH)

AWARDS AND HONORS

Leadership Scholarship - \$2000 **2018**
Florida School of Professional Psychology at Argosy University (Tampa, FL)

Dean's Award - \$100 **2011**
2011 Quest Conference (Youngstown, OH)

PROFESSIONAL AFFILIATIONS

American Psychological Association **03/2018 – Present**
Division 12 – Society of Clinical Psychology
Student Member

Florida Psychological Association **03/2018 – Present**
Student Member